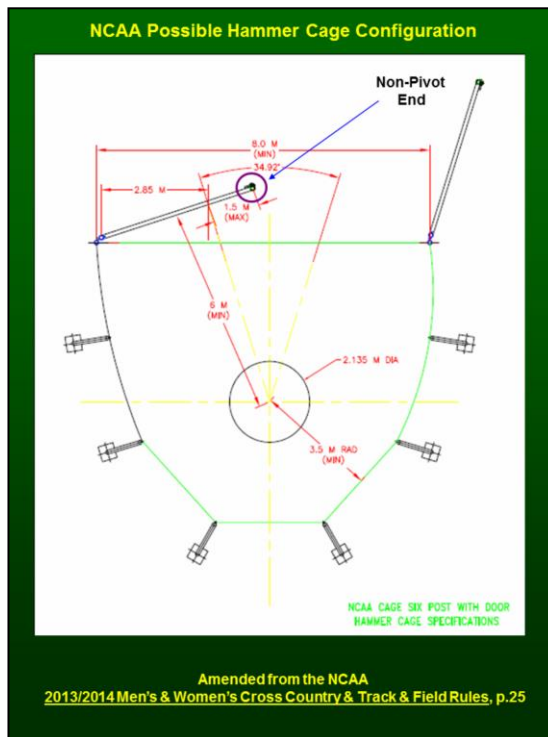


1. Have a ladder ready in case Hammer gets caught in cage. If you feel that the safety of anyone is compromised by the position the hammer is caught in the cage, take the hammer down immediately. Let the athletes and coaches know right up front. Safety first.
2. Know the settings for the gates for throwers. See next slide.
3. When checking in the throwers, find out who is left-handed because the panels will need to be altered for them. If you can arrange it put the lefties together in a preliminaries. For college finals, though, you must keep the order. Doing this means less work for the crew.
4. In the NCAA rulebook, it states that “any area of flagging shall identify an implement landing danger zone of at least 55 degrees from the center of the throwing circle.”
5. Tape puller is on the right sector; athletes come in from left.
6. Markers in the hammer don’t necessarily have to be to the side; can be in

sector – not as critical as in discus



NCAA Positions of the gates for right-handed thrower

1. Right movable panel (gate) is open so that it is parallel to right sector line; it should be a minimum of 2.85m from the sector line but **“may be positioned closer to the sector line in cases in which the facility has the throwing area in close proximity to other event venues...”** “
2. Left movable panel (gate); the non-pivot end is as perpendicular to the sector line as possible and is not greater than 1.5m into the sector and not less than 6 m away from the center of the circle.