



1. Markers for javelin should be kept to one side for accurate marking of point of impact and **assume all throws are good unless told by the landing judge. He or she should have an idea where to mark NOT whether the javelin landed flat or not!**
2. **When you mark you look for the closest point where the mark changes from grass to sod.**
3. **POINT OUT THE EXTENSIONS; 4 meter line – athlete has “exited runway” when behind this line (USATF rule; proposed for NCAA)**
4. Markers can be on the same side as measuring tape.
5. Keep measuring tape on the opposite side as athletes to avoid athletes tripping over tape. **Arc judge picks up tape after measurement and brings behind his or her feet; this is to avoid having the tape in the middle of the runway.**
6. Landing Judge has to make an effort to be as perpendicular to the point of impact as possible. That means being in the right place at the right time. **In the warm-ups watch the athletes, how long are they throwing the javelin to which side of the sector are they favoring. One of the most difficult judgment calls in track and field is determining whether or not a heptathlete’s throw is flat or not. The javelin is often, but not always, the weakest of the seven events for heptathletes. With the first of the three throws there is often no question that the throw is fair (i.e., not flat) because the heptathletes are trying to get points for themselves and, if it’s a conference meet, points for their teams. IT IS OFTEN THOSE SECOND AND THIRD THROWS WHERE YOU’RE HAVING THE CLOSE CALLS!!**
7. If you have enough retrievers (i.e., three to four) have them relay the implements back.
8. Javelin thrower will want to “stick,” or pick, or loft the javelin before throwing full tilt. Consider sticking or lofting in a U-shaped pattern (**DRAW**) with official at the corners or if you have enough room have them go as one big wave. **But make sure sticking or lofting is no more than 10 to 15 feet. Otherwise, tell them to wait until the runway is open for bona fide throws.**
9. In order of increasing difficulty in “calling the flats” the order is the following open men < decathlon men < open women < heptathlon women.
10. One of the worse situations that can happen to a landing judge is for a javelin to go over your head and land flat. If you are out of position, you have no choice but to give the athlete the benefit of the doubt and call it a fair throw.
11. If at all possible, ask meet management to do any mowing around the runway at least 2 days in advance of the competition, and to clear any grass clippings from the runway
12. For safety reasons, one suggestion is that the flight coordinator instructs the athletes, that during the competition, the only persons with a javelin is the person up, or the persons up and on deck